

Heike Pirngruber

PHOTOGRAPHY
ADVENTURE
STORIES





1972 born in Heidelberg

Photographer & Camerawoman

1989 – 1992 Sport Photography

1992 – 2011 Camerawoman for
German broadcast station ZDF

2011 – 2012 Bicycle touring Australia

2013 – 2019 Bicycle touring the world

2020 Thru-hikes USA



101 countries visited,
over 50 and 85.000 kilometers of them by bicycle

SOLO
LONG-TERM TRAVELER



pushbikegirl.com



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Württemberg







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